

# Volunteering



## WHAT OUR VOLUNTEERS DO

We use volunteers as well as paid staff to carry out our work.

A volunteer's work supporting people with learning disabilities could include:

- Providing long term support in an advocacy partnership.
- Fundraising
- Helping at our monthly coffee morning.
- Helping at our fortnightly Craft Group
- Becoming part of our management committee

New volunteers are always welcome!

## How to contact us



Solihull Action through Advocacy  
St Andrew's Centre  
Pike Drive  
Chelmsley Wood  
Birmingham  
B37 7US



Tel: 0121 603 5576

Fax: 0121 770 3506



Email: [office@solihulladvocacy.org.uk](mailto:office@solihulladvocacy.org.uk)

Website: [www.solihulladvocacy.org.uk](http://www.solihulladvocacy.org.uk)



# Solihull

## Action

through

Advocacy



**Making Change  
Happen**

Founded 1995

[www.solihulladvocacy.org.uk](http://www.solihulladvocacy.org.uk)

Registered Charity  
Solihull Action through Advocacy  
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## Who are we?

'Solihull Action through Advocacy' provides a voice for vulnerable adults. In all our work, we are trying to create more control for people over their lives, ensuring their views are regarded as the most important. This is done using advocates to speak for people, supporting people to speak up for themselves, facilitating groups and representing the organisation at meetings.

Some issues we support people with include:

- Changes in accommodation
- Daytime activities
- Support packages
- Attending college
- Employment
- Safeguarding

We are members of:

Solihull Adult Safeguarding Board, Learning Disability Partnership Board, Enable-Solihull & National Advocacy Coalition.

## Changing Lives

The 'Changing Lives Board' is a group of people who meet to talk about the quality of services for people with a Learning disability and take action to change things where possible

The 'Changing Lives Board' also feed into our own management committee their views about the direction of our service.

## Advocacy for parents

We support parents with learning disabilities to find the right support they need to be parents. This can be by attending parenting services with a parent or working with service providers to make their services more accessible.

Advocates offer continuing support through times of crisis and promote the rights of parents with learning disabilities to be fully included in making plans for their children.

## Experts by Experience

Solihull Action through Advocacy are supporting a team of experts who visit people living in residential homes around Solihull.



The experts talk to the people living at the homes to ask if they are happy and if there are any changes that could make their lives better. This information is fed back to Solihull Care Trust and the home manager.

## Groups

We currently hold a monthly coffee morning and a bi-weekly craft group. Both groups provide the opportunity for people to drop in and discuss any issues.

If you are interested to find out more about our groups or any of our other work, please contact us.

