



## Volunteering

We involve volunteers in all aspects of our work.

A volunteer's role could include:

- Providing long term support in an advocacy partnership.
- Supporting individuals to become part of the local community
- Fundraising & helping at events
- Helping at our fortnightly ACE Groups
- Supporting clients at our group meetings
- Becoming part of our management committee

New volunteers are always welcome!

## How to make a referral

If you would like to request for an advocate or know someone that may benefit from our support then you can download a copy of our referral from our website [www.solihulladvocacy.org.uk](http://www.solihulladvocacy.org.uk). To find out more about our service and how we are able to help, please contact us.

## How to contact us



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# Solihull Action through Advocacy



Making Change Happen

Founded 1995

[www.solihulladvocacy.org.uk](http://www.solihulladvocacy.org.uk)

Registered Charity

Solihull Action through Advocacy  
1048856

## Who we are and what we do

Solihull Action through Advocacy provides a voice for vulnerable adults. In all our work, we are trying to create more control for vulnerable people over their lives, ensuring their views are regarded as the most important. This is done using advocates to speak for people or supporting people to speak up for themselves. We also facilitate advocacy groups and promote the views of our clients at policy meetings.

## Community Action through Advocacy

We support people with learning disabilities in North Solihull to have greater involvement in the local community. We work with people who are at risk of isolation to get involved in community activities and support organisations to include more people with learning disabilities.

This is a Big Lottery funded project.

## One to One Independent Advocacy

We work with people to make their views and opinions about their lives known to others.

Some of the issues we support people with include: Changes in accommodation, Daytime activities, Support packages, Attending College, Employment, and Safeguarding

## Advocacy for parents

We support parents with learning disabilities to find the right support to be parents. This can be by attending parenting services with a parent or working with service providers to make their services more accessible.

Advocates offer continuing support through times of crisis and promote the rights of parents with learning disabilities to be fully included in making plans for their children.

## Personal Budgets Advocacy

We provide advocacy for people who have a personal budget or might be considering one. We can help at all stages to make sure the person is listened to and happy with their support plan.

## Advocacy Groups

ACE Groups provide the opportunity for people to drop in and discuss any issues or concerns they have.

Changing Lives is a group who meet monthly to talk about the quality of services for people with a Learning disability and take action to change things where possible.

Experts by Experience visit people living in residential homes around Solihull to ask if they are happy and if there are any changes that could make their lives better.

